

## **A Dad hurts Too**

**People don't always see the tears a dad cries,  
His heart is broken too when his child dies,  
He tries to hold it together and be strong,  
Even though his world's gone wrong,  
He holds his wife as her tears fall,  
Comforts her through it all,  
He goes through his day doing what he's supposed to do,  
But a piece of his heart has been ripped away,  
a Dad hurts too,  
So when he's alone he lets out his pain,  
And his tears come like falling rain,  
His world has crashed in around him,  
And a world that was once bright has gone dim,  
He feels he has to be strong for others,  
But Dads hurt too, not just the Mothers,  
He searches for answers but none are to be found,  
He hides behind a mask when he is feeling down,  
He smiles through his tears,  
He struggles and holds in his fears,  
But what you see on the outside is not always real,  
Men don't always show how they really feel,  
So I'd like to ask a favor of you,  
The next time you see a mother hurting over the loss of her  
child, please remember.....a Dad hurts too.**

**Judi Walker  
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